

MIAC student-athletes break Fall Academic All-Conference record for eighth straight year

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BLOOMINGTON, Minn. – For the eighth consecutive year, the Minnesota Intercollegiate Athletic Conference (MIAC) has honored a record number of fall sport student-athletes with Academic All-Conference recognition.

A total of 437 student-athletes from the 13 MIAC institutions earned the prestigious honor this year after meeting all sport-specific athletic requirements and possessing a cumulative grade point average (GPA) of 3.5 or better on a 4.0 scale following the fall semester.

To be eligible for the award, student-athletes must be a sophomore, junior or senior with at least one year (two semesters) at their current institution. Athletically, student-athletes in fall team sports (football, volleyball, soccer) must compete in 50 percent of their team's regular-season varsity contests. Cross country student-athletes are required to finish in the overall top 100 or their team's top seven at the 2019 MIAC Cross Country Championship. Between the on-field component and lofty GPA standard, the MIAC Academic All-Conference honor is a perfect blend of the balanced excellence championed by the MIAC and NCAA Division III.

This is now the eighth year in a row the total of Fall Academic All-Conference honorees has increased. In 2011, 301 student-athletes were recognized with Academic All-Conference distinction. That number rose to 330 in 2012, 334 in 2013, 356 in 2014, 357 in 2015, 380 in 2016, 412 in 2017, and 427 last year.

Four fall sports hit new record-highs with two - football and women's soccer - crossing the century mark for the first time. Football had the most honorees with 103, up five from last season's 98. Women's soccer reached 100, five more than the sport's previous high of 95 in 2017. Women's cross country set a new record with 70, four more than last year's 66, while men's cross country totaled an all-time best 52, six more than 2018's 46. There were 57 honorees in men's soccer (67 in 2018) and 55 in volleyball (56 in 2018).

MIAC Academic All-Conference teams are announced twice annually, after the completion of both the fall and spring academic semesters. The MIAC Winter/Spring 2019-20 Academic All-Conference selections will be announced in late June. The MIAC has an [online archive](#) of Academic All-Conference honors.

MIAC Fall 2019 Academic All-Conference (437 total)

All honorees listed below by sport, then school, in alphabetical order.

Quick links: [MXC](#) | [WXC](#) | [FB](#) | [MS](#) | [WS](#) | [VB](#) |

Men's Cross Country (52)

Name	Institution	Class	Hometown
William McLeer	Augsburg	Jr.	Cobb, Wis.
Greg Miller	Augsburg	Jr.	Brooklyn Park, Minn.
Kevin Sethre	Augsburg	So.	Berthoud, Colo.
Caleb Foster	Bethel	Sr.	Becker, Minn.
Josh Halvorsen	Bethel	Jr.	Wayzata, Minn.
Isaac Mendel	Bethel	So.	Sioux Falls, S.D.
Keaton Shinn	Bethel	Sr.	Santa Barbara, Calif.
Evan David	Carleton	Jr.	Grand Rapids, Minn.
Stephen Lavey	Carleton	So.	Cedar Grove, Wis.
Cameron Meikle	Carleton	Sr.	Hamilton, Mont.
Kenyon Nystrom	Carleton	So.	Northfield, Minn.
Ben Perry	Carleton	So.	Minneapolis, Minn.
Conrad Phelan	Carleton	Sr.	St. Louis Park, Minn.



Ben Santos	Carleton	So.	Boulder, Colo.
Clay Tydings	Carleton	Jr.	Charlotte, N.C.
Nolan Christenson	Concordia	So.	Alexandria, Minn.
Connor Haugrud	Concordia	Jr.	Detroit Lakes, Minn.
Jesse Middendorf	Concordia	So.	Sauk Centre, Minn.
Eric Wicklund	Concordia	Sr.	Moorhead, Minn.
John DeGonda	Gustavus	So.	Marine on St. Croix, Minn.
Jeremy Gilbertson	Gustavus	Jr.	Maple Grove, Minn.
Nicholas Olfert	Gustavus	So.	Shakopee, Minn.
Casey Olson	Gustavus	Jr.	Harmony, Minn.
Matt Payne	Gustavus	So.	Stillwater, Minn.
Lucas Schnirring	Gustavus	So.	Eden Prairie, Minn.
Andrew Stumbo	Gustavus	Jr.	Boone, Iowa
Benjamin Wicklund	Gustavus	So.	Marine on St. Croix, Minn.
Aric Brodie	Hamline	So.	Maplewood, Minn.
Tyler Gallagher	Hamline	So.	Lakeville, Minn.
Frank Gustafson	Hamline	Jr.	Spicer, Minn.
Ben Roen	Hamline	Jr.	Hugo, Minn.
Fred Kerr	Macalester	So.	Portland, Ore.
Edwin Reyes Herrera	Macalester	Sr.	Sonoma, Calif.
Trey Collins	Saint John's	Sr.	Plentywood, Mont.
Andy Goldsmith	Saint John's	So.	Tulsa, Okla.
Seth Jackson	Saint John's	Jr.	Eagan, Minn.
Noah Webb	Saint John's	Jr.	St. Cloud, Minn.
Ben Borash	Saint Mary's	Sr.	Bowlus, Minn.
Jordan Malikowski	Saint Mary's	Jr.	Royalton, Minn.
Isaiah Olsem	Saint Mary's	Jr.	Fulda, Minn.
Elliot Cassidy	St. Olaf	So.	Longmont, Colo.
Jonah Herzog	St. Olaf	Jr.	Champaign, Ill.
Elliot Kadrofske	St. Olaf	Sr.	Okemos, Mich.
Lukas Lindgren	St. Olaf	Jr.	St. Paul, Minn.
Sean Lonergan	St. Olaf	Sr.	Oak Park, Ill.
Luke Malek	St. Olaf	So.	Glen Ellyn, Ill.
Matthew Paal	St. Olaf	Sr.	Minneapolis, Minn.
Lars Ripley	St. Olaf	So.	Northfield, Minn.
Sam Stresemann	St. Olaf	Jr.	Winthrop, Minn.
Owen Wright	St. Olaf	Sr.	Amherst, Mass.
George McGivern	St. Thomas	Sr.	Eagan, Minn.
Karl Wachter	St. Thomas	Sr.	Shakopee, Minn.

Women's Cross Country (70)

Name	Institution	Class	Hometown
Jasmine Gonzalez	Augsburg	Sr.	Red Lake, Minn.
Grace Hartman	Augsburg	So.	Anoka, Minn.
Camryn Masse	Augsburg	So.	Eden Prairie, Minn.
Anna Hage	Bethel	So.	Edina, Minn.
Meg Thorison	Bethel	Jr.	Cedarburg, Wis.
Ruthie Boyd	Carleton	Sr.	Breckenridge, Colo.
Emilee Fulton	Carleton	Sr.	St. Paul, Minn.
Marietta Geist	Carleton	Sr.	Crookston, Minn.
Emma Greenlee	Carleton	Jr.	Aurora, Minn.
Berit Hudson-Rasmussen	Carleton	Sr.	Champaign, Ill.
Helen Schuda	Carleton	Sr.	Seattle, Wash.
Amanda Mosborg	Carleton	Jr.	Edina, Minn.
Allegra Pihlaja	Carleton	So.	Duluth, Minn.
Kara Andersen	Concordia	Sr.	Plymouth, Minn.
Miriah Forness	Concordia	Sr.	Casselton, N.D.
Carly Fornshell	Concordia	Jr.	Bismarck, N.D.
Isabel Fredrickson	Concordia	So.	Bloomington, Minn.
Emily Hao	Concordia	Jr.	Fargo, N.D.
Emily Rugloski	Concordia	So.	Baxter, Minn.
Haley Anderson	Gustavus	Sr.	Eden Prairie, Minn.
Josie Blake	Gustavus	Jr.	Waukegan, Ill.
Lily Engebretson	Gustavus	So.	St. Paul, Minn.
Sara Moen	Gustavus	Jr.	Blaine, Minn.
Gabriela Passmore	Gustavus	Sr.	Mapleton, Minn.
Iliana Ramon	Gustavus	So.	Fairmont, Minn.
Helen Dolan	Hamline	Jr.	Holliston, Mass.
Alexandra Maddux	Hamline	So.	Moorhead, Minn.
Emma Mader	Hamline	So.	Sauk Rapids, Minn.
Danielle Freshwaters	Macalester	So.	Tacoma, Wash.
Emma Higgins	Macalester	Sr.	New York, N.Y.
Brooke Hoppe	Macalester	Jr.	Edmonds, Wash.
Ingrid Kilde	Macalester	Sr.	Wilson, Wis.
Emma Maxtutis	Macalester	Sr.	Arlington, Mass.
Madeline Prentiss	Macalester	Jr.	Bellingham, Wash.
Anya Ptacek	Macalester	Sr.	Cold Spring, N.Y.
Lydia Simpson	Macalester	Sr.	Seattle, Wash.
Anya Wolterman	Macalester	Sr.	Madison, Wis.
Estelle Timar-Wilcox	Macalester	So.	Falls Church, Va.
Althea Gutzmann	Saint Benedict	Jr.	St. Paul, Minn.
Tracy Renier	Saint Benedict	So.	Plymouth, Minn.
Taylor Santangelo	Saint Benedict	So.	Broomfield, Colo.

Jena Wachowiak	Saint Benedict	Jr.	Champlin, Minn.
Julia Clark	St. Catherine	Jr.	Woodbury, Minn.
Juliette Martin	St. Catherine	Jr.	Chisago Lakes, Minn.
Megan Perkins	St. Catherine	So.	Minneapolis, Minn.
Anya Swanson	St. Catherine	So.	Somerset, Wis.
Tabitha Fabin	Saint Mary's	So.	Elk Grove Village, Ill.
Danielle Franke	Saint Mary's	Sr.	Mounds View, Minn.
Anna Marinc	Saint Mary's	So.	Carol Stream, Ill.
Emma Ririe	Saint Mary's	So.	Darien, Ill.
Stephanie Balas	St. Olaf	Jr.	Manitowish Waters, Wis.
Lisa Fisher	St. Olaf	Sr.	St. Paul, Minn.
Jena Hauch	St. Olaf	Jr.	Maple Grove, Minn.
Sarah Hawgood	St. Olaf	Sr.	Harare, Zimbabwe
Lauren Markowski	St. Olaf	Jr.	Eagan, Minn.
Ellen Mickelson	St. Olaf	So.	Coon Rapids, Minn.
Meredith Moore	St. Olaf	Sr.	Worthington, Minn.
Tayler Paulsen	St. Olaf	Jr.	Eden Prairie, Minn.
Megan Rossman	St. Olaf	Sr.	Vail, Colo.
Gabbie Bolcer	St. Thomas	So.	Maple Grove, Minn.
Katie Breuckman	St. Thomas	Sr.	Andover, Minn.
Ali Crochet	St. Thomas	Jr.	Brainerd, Minn.
Morgan Dammann	St. Thomas	Sr.	Lake City, Minn.
Kasey Ericson	St. Thomas	Jr.	Rochester, Minn.
Anna Kroll	St. Thomas	Jr.	Kettle Moraine, Wis.
Katie Michalak	St. Thomas	Jr.	St. Paul, Minn.
Sara Miller	St. Thomas	Jr.	Hudson, Wis.
Olivia Moll	St. Thomas	So.	Hammond, Wis.
Sara Ness	St. Thomas	Sr.	Johnston, Iowa
Quinn O'Connor	St. Thomas	Jr.	Chanhassen, Minn.

Football (103)

Name	Institution	Class	Hometown
Chad Costello	Augsburg	Jr.	Champlin, Minn.
Derek Glynn	Augsburg	Sr.	Lonsdale, Minn.
Zach Kes	Augsburg	Jr.	Jordan, Minn.
Paul Lemke	Augsburg	So.	Glencoe, Minn.
Jared Pope	Augsburg	Jr.	Colorado Springs, Colo.
Brandon Sjostrand	Augsburg	So.	Bloomington, Minn.
Jacob Weisser	Augsburg	Jr.	Anoka, Minn.
Jonathan Anderson	Bethel	Jr.	Lakeville, Minn.
Nick Banfield	Bethel	So.	Rochester, Minn.

Sid Boros	Bethel	So.	Becker, Minn.
Mike Delich	Bethel	So.	Apple Valley, Minn.
Levi Duininck	Bethel	Sr.	Tulsa, Okla.
Cale Ferrin	Bethel	Sr.	Morrison, Colo.
Jack Fiedler	Bethel	Jr.	St. Michael, Minn.
Jacob Hall	Bethel	Jr.	Rockford, Minn.
Joel Koenecke	Bethel	Sr.	Delano, Minn.
Jake Marsh	Bethel	Sr.	Plymouth, Minn.
Alex Chertoff	Carleton	Jr.	Brooklyn, N.Y.
Ryan Flanagan	Carleton	So.	Chappaqua, N.Y.
Jack Fraley	Carleton	So.	Minneapolis, Minn.
Skyler Kessenich	Carleton	So.	Baltimore, Md.
Joe Lewis	Carleton	Sr.	Northfield, Ill.
Carl Marvin	Carleton	So.	Wilmington, Del.
Fletcher Metz	Carleton	Sr.	Oconomowoc, Wis.
Adam Nik	Carleton	So.	Mankato, Minn.
Logan Plasch	Carleton	So.	Carlsbad, Calif.
Tom Rubino	Carleton	Jr.	Monaca, Penn.
William Berning	Concordia	Sr.	St. Michael, Minn.
Matt Bye	Concordia	Sr.	Moorhead, Minn.
Christopher Claussen	Concordia	Jr.	Glenwood, Minn.
Zach Ellingson	Concordia	Jr.	Hawley, Minn.
Gabe Enderle	Concordia	Jr.	Fergus Falls, Minn.
Andy Gravdahl	Concordia	So.	West Fargo, N.D.
Maison Grefe	Concordia	Sr.	Cold Spring, Minn.
Isaac Habedank	Concordia	So.	Twin Valley, Minn.
Dan Johnson	Concordia	Jr.	Rosemount, Minn.
Blake Kragnes	Concordia	Sr.	Dilworth, Minn.
Sean McGuire	Concordia	Jr.	Fergus Falls, Minn.
Sam Michel	Concordia	Sr.	Phoenix, Ariz.
Alec Schimmel	Concordia	Jr.	Rosemount, Minn.
Zion Smith	Concordia	Jr.	Cromwell, Minn.
Isaac Stene	Concordia	So.	Gary, Minn.
John Voorhees	Concordia	Jr.	Tucson, Ariz.
Nicholas Wilson	Concordia	Jr.	Parker, Colo.
Noah Decker	Gustavus	Jr.	Mapleton, Minn.
Brady Essig	Gustavus	So.	Dodge Center, Minn.
Austin Fest	Gustavus	Jr.	West Des Moines, Iowa
Jordan Grovum	Gustavus	Sr.	Cottage Grove, Minn.
Logan Holley	Gustavus	Jr.	Fort Worth, Texas
Brett Hufendick	Gustavus	Jr.	Minneapolis, Minn.
Jakob Krull	Gustavus	Sr.	Plymouth, Minn.

Matthew Montplaisir	Gustavus	Sr.	Buffalo, Minn.
Brice Panning	Gustavus	Sr.	Hamburg, Minn.
Landon Rauen	Gustavus	Jr.	Zumbrota, Minn.
Nathan Schroepfer	Gustavus	Jr.	Sleepy Eye, Minn.
Ethan Sindelir	Gustavus	So.	Wells, Minn.
Cameron Witt	Gustavus	So.	Champlin, Minn.
Rudy Barron	Hamline	So.	Pico Rivera, Calif.
Adrian Cracolici	Hamline	Jr.	Phoenix, Ariz.
Brandon Decker	Hamline	Sr.	Anthem, Ariz.
Max Fick	Hamline	So.	Maplewood, Minn.
Tanner Lunceford	Hamline	Jr.	Plymouth, Minn.
Matt Miller	Hamline	Sr.	Staples, Minn.
Manny Moton	Hamline	Sr.	Lithonia, Ga.
Monty Stenroos	Hamline	Sr.	Prescott, Wis.
Chris Backes	Saint John's	Jr.	St. Cloud, Minn.
Keaton Ficker	Saint John's	So.	Cold Spring, Minn.
Jarod Fike	Saint John's	Jr.	St. Paul, Minn.
Collin Franz	Saint John's	Jr.	Otsego, Minn.
Hank Hagen	Saint John's	Jr.	Waseca, Minn.
Tyler Johnson	Saint John's	Jr.	Willmar, Minn.
John Kohler	Saint John's	So.	Birchwood, Wis.
Joe Lang	Saint John's	So.	New Berlin, Wis.
Matt Mohr	Saint John's	So.	Chisago City, Minn.
Cameron Murphy	Saint John's	So.	Willmar, Minn.
Alex Sais	Saint John's	Sr.	Los Lunas, N.M.
Nick Schmitt	Saint John's	Jr.	St. Cloud, Minn.
Henry Trost	Saint John's	So.	Lindstrom, Minn.
Andrew VanErp	Saint John's	Sr.	Battle Lake, Minn.
Noah Johnson	St. Olaf	So.	Northfield, Minn.
Max Karpinske	St. Olaf	Sr.	Polk City, Iowa
Jonah Smithson	St. Olaf	So.	Mahtomedi, Minn.
Ben Bruhn	St. Thomas	So.	Maplewood, Minn.
Zach Bennett	St. Thomas	Jr.	Woodbury, Minn.
Seth Bickett	St. Thomas	So.	Pewaukee, Wis.
Noah Borgeson	St. Thomas	So.	Rochester, Minn.
Matt Cunningham	St. Thomas	So.	St. Paul, Minn.
Ronnie Jones	St. Thomas	Sr.	Pleasanton, Calif.
Dillon Kough	St. Thomas	Sr.	Prior Lake, Minn.
Jake LeVahn	St. Thomas	Sr.	Blaine, Minn.
Trent Meyer	St. Thomas	So.	Sartell, Minn.
John Nordberg	St. Thomas	So.	Bismarck, N.D.
Rian O'Connor	St. Thomas	So.	Aurora, Ill.

Nick Raddatz	St. Thomas	Sr.	Prior Lake, Minn.
Elijah Rice	St. Thomas	Sr.	St. Michael, Minn.
Nick Rice	St. Thomas	Jr.	Elk River, Minn.
Brent Robley	St. Thomas	So.	Brownsville, Minn.
Mark Schmitz	St. Thomas	So.	Minnetonka, Minn.
Grant Slavik	St. Thomas	Sr.	Plymouth, Minn.
Marco Taibi	St. Thomas	Jr.	Arlington Heights, Ill.
Alex Taylor	St. Thomas	Sr.	Glenbard, Ill.
Dillon Tradewell	St. Thomas	Sr.	Oak Grove, Minn.
Stephen Wagner	St. Thomas	Sr.	Stillwater, Minn.

Men's Soccer (57)

Name	Institution	Class	Hometown
Daniel Hedstrom	Augsburg	Sr.	Hermantown, Minn.
David Saly	Augsburg	So.	Minneapolis, Minn.
Andrew Hintz	Bethel	Jr.	Oconomowoc, Wis.
Connor Nelson	Bethel	Sr.	Shoreview, Minn.
Ben Richburg	Bethel	Jr.	Longmont, Colo.
Marco da Cunha	Carleton	So.	San Francisco, Calif.
Aaron Forman	Carleton	Jr.	Los Angeles, Calif.
Charlie Hall	Carleton	So.	La Grange, Ill.
Kamran Kelly	Carleton	Sr.	St. Paul, Minn.
David Rubin	Carleton	Jr.	Ann Arbor, Mich.
Cody Billins	Gustavus	Sr.	Farmington, Minn.
Joseph Brandel	Gustavus	Sr.	St. Louis Park, Minn.
Conrad Cronin	Gustavus	So.	Lincoln, Neb.
Trace Dobson	Gustavus	Jr.	Sioux Falls, S.D.
Luke Laurich	Gustavus	Sr.	Batavia, Ill.
Nicholas Leach	Gustavus	So.	Sioux Falls, S.D.
William Richards	Gustavus	Sr.	Hudson, Wis.
Cole Schwartz	Gustavus	So.	Jakarta, Indonesia
Robert Cooper	Hamline	So.	Madison, Wis.
Stefan Kinsinger	Hamline	Sr.	Sioux Falls, S.D.
Jack Reddan	Hamline	Sr.	Madison, Wis.
Alex Rouse	Hamline	So.	Madison, Wis.
Theo Salzberg	Hamline	So.	Portland, Ore.
Logan Weller	Hamline	So.	Prior Lake, Minn.
Malachy Zamacona	Hamline	Sr.	North St. Paul, Minn.
Chiagoziem Anigbogu	Macalester	Jr.	St. Paul, Minn.
Floyd Krom	Macalester	Jr.	Naaldwijk, Netherlands
Nick Moore	Macalester	Sr.	Georgetown, Mass.

Jack Muller	Macalester	So.	Carmel, Ind.
Will Orser	Macalester	So.	Eau Claire, Wis.
Danny Peak	Macalester	So.	Marion, Iowa
Max Starks	Macalester	Jr.	Green Bay, Wis.
Jackson White	Macalester	Sr.	Danville, Calif.
Ben Becker	Saint John's	Sr.	Richfield, Minn.
Kagan Foster	Saint John's	Sr.	Alexandria, Minn.
Andrew Kromer	Saint John's	Jr.	Edina, Minn.
Leighton Lommel	Saint John's	Sr.	Waite Park, Minn.
Payton Spencer	Saint John's	Sr.	Hudson, Wis.
Tim Spesia	Saint John's	Jr.	Joliet, Ill.
Nathan Stone	Saint John's	Sr.	Inver Grove Heights, Minn.
Zack Bracken	Saint Mary's	Sr.	Osseo, Minn.
Robbie Sobczak	Saint Mary's	Sr.	Cloquet, Minn.
Eli Szymanski	Saint Mary's	So.	La Crosse, Wis.
Cole Van Houten	Saint Mary's	Jr.	Pine Island, Minn.
RJ Vazquez	Saint Mary's	So.	Antioch, Ill.
Sam Heupel	St. Olaf	Sr.	Rosemount, Minn.
Ian Lockhart	St. Olaf	Jr.	St. Louis Park, Minn.
Jack Barry	St. Thomas	So.	Naperville, Ill.
Josh Grzesiak	St. Thomas	Jr.	Lake Villa, Ill.
Alex Gutenberg	St. Thomas	Jr.	Andover, Minn.
Sam Holton	St. Thomas	Jr.	Mequon, Wis.
Halvor Houg	St. Thomas	Jr.	Baerums, Norway
Sean Kurtenbach	St. Thomas	So.	Eden Prairie, Minn.
Troy Louwagie	St. Thomas	Sr.	Plymouth, Minn.
George Marty	St. Thomas	So.	Leawood, Kan.
Andrew Shirley	St. Thomas	Sr.	Hopkins, Minn.
Sean Teske	St. Thomas	Jr.	Apple Valley, Minn.

Women's Soccer (100)

Name	Institution	Class	Hometown
Emily Chapman	Augsburg	Sr.	Elburn, Ill.
Olivia House	Augsburg	Sr.	Richfield, Minn.
Natalee Lessert	Augsburg	Jr.	Farmington, Minn.
Jen Masello	Augsburg	So.	Darien, Ill.
Jada Olson	Augsburg	Sr.	Duluth, Minn.
Ana Ortiz	Augsburg	So.	Waterloo, Iowa
Ashley St. Aubin	Augsburg	Sr.	Burnsville, Minn.
Tessah Anderson	Bethel	So.	St. Paul, Minn.
Lauren Davis	Bethel	So.	Grayslake, Ill.

Caela Helgemo	Bethel	So.	Savage, Minn.
Sierra Smith	Bethel	Sr.	Blaine, Minn.
Adri Tjeerdsma	Bethel	Sr.	Rogers, Minn.
Rachel Waterman	Bethel	So.	Burnsville, Minn.
Annette Shumway	Carleton	So.	Arlington, Va.
Madeline Marker	Carleton	Sr.	Edina, Minn.
Laura Kiernan	Carleton	Sr.	Madison, Wis.
Anika Thomas-Toth	Carleton	Sr.	Seattle, Wash.
Emma Wasend	Carleton	Sr.	Denver, Colo.
Libby Franchot	Carleton	Jr.	Minneapolis, Minn.
Julia Kenney	Carleton	Sr.	Evanston, Ill.
Nora Mertz	Carleton	Sr.	Evanston, Ill.
Kaela Mali	Carleton	Jr.	Bloomfield Hills, Mich.
Anna Roethler	Carleton	Jr.	St. Louis Park, Minn.
Kalli Baarstad	Concordia	Sr.	Fargo, N.D.
Klara Beinhorn	Concordia	Jr.	Brookings, S.D.
Samantha Dalsin	Concordia	Jr.	Eden Prairie, Minn.
Karsen Granning	Concordia	Sr.	Alexandria, Minn.
Sarah Liimatta	Concordia	Jr.	Maple Grove, Minn.
Olivia Murdoff	Concordia	So.	Bismarck, N.D.
Rachel Nemer	Concordia	Jr.	Fargo, N.D.
Hannah Sandin	Concordia	Jr.	Zimmerman, Minn.
Lydia Arens	Gustavus	So.	Princeton, Minn.
Katie Ashpole	Gustavus	Jr.	Chaska, Minn.
Ava Hanson	Gustavus	Jr.	Medina, Minn.
Lauren Johnson	Gustavus	Jr.	Woodbury, Minn.
Madeline McDermott	Gustavus	Jr.	Mendota Heights, Minn.
Abby Mullenbach	Gustavus	Sr.	Lakeville, Minn.
Rachel Rehneft	Gustavus	So.	Albert Lea, Minn.
Erin Teichroew	Gustavus	Jr.	Duluth, Minn.
Ali Eastman	Hamline	Sr.	Arlington, Wash.
Melanie Hopkins	Hamline	Jr.	Richmond, Va.
Kaelin O'Fallon	Hamline	Jr.	Anchorage, Alaska
Ashlee Olson	Hamline	Jr.	Eyota, Minn.
Siri Parker	Hamline	Sr.	Anchorage, Alaska
Jenna Sampson	Hamline	Sr.	Lake Stevens, Wash.
Hannah Schatz	Hamline	Jr.	Auburn, Wash.
Grace Trocinske	Hamline	Jr.	Woodbury, Minn.
Molly Adams	Macalester	Sr.	Concord, Mass.
Emelie Beattie	Macalester	Jr.	Seattle, Wash.
Hannah Conner	Macalester	So.	Madison, Wis.
Allison Dwinnell	Macalester	Jr.	Greenwood Village, Colo.

Georgia Kazemi	Macalester	Jr.	Missoula, Mont.
Kayla Togneri	Macalester	Jr.	Ventura, Calif.
Madelyn Curtis	Saint Benedict	Sr.	Waite Park, Minn.
Mara Flaherty	Saint Benedict	Sr.	Inver Grove Heights, Minn.
Brianna Griffin	Saint Benedict	Sr.	Kasson, Minn.
Grace Johnson	Saint Benedict	So.	Andover, Minn.
Kendall Koenen	Saint Benedict	Sr.	Maple Grove, Minn.
Rebecca Murphy	Saint Benedict	Sr.	Mahtomedi, Minn.
Haley Neumann	Saint Benedict	Sr.	White Bear Lake, Minn.
Clara Noack	Saint Benedict	So.	Northfield, Minn.
Sydney Sherek	Saint Benedict	Sr.	Eagan, Minn.
Megan Thompson	Saint Benedict	Jr.	Inver Grove Heights, Minn.
Roxy Veldman	Saint Benedict	So.	South St. Paul, Minn.
Meghan Verkinderen	Saint Benedict	Sr.	Eden Prairie, Minn.
Abby Welsch	Saint Benedict	Sr.	Savage, Minn.
Abby Worthington	Saint Benedict	Jr.	Maple Grove, Minn.
Allison Bird	St. Catherine	Sr.	Maple Grove, Minn.
Amanda Carey	St. Catherine	Sr.	Hudson, Wis.
Rachael Holm	St. Catherine	Jr.	Bemidji, Minn.
Jamie Johnson	St. Catherine	So.	Hastings, Minn.
Taylor Johnson	St. Catherine	So.	Cottage Grove, Minn.
Tayler Koop	St. Catherine	Sr.	Blaine, Minn.
Julia Rupp	St. Catherine	Sr.	North Branch, Minn.
Alyssa Siljendahl	St. Catherine	Sr.	Duluth, Minn.
Amora Valencia	St. Catherine	So.	Hemet, Calif.
Kendall Archer	Saint Mary's	Jr.	Draper, Utah
Dara Kaiser	Saint Mary's	So.	Bozeman, Mont.
Lindsey Monnet	Saint Mary's	So.	Rochester, Minn.
Gabriella Pederson	Saint Mary's	Sr.	Chaska, Minn.
Mackenzie Waters	Saint Mary's	Jr.	Highland Ranch, Colo.
Claire Bash	St. Olaf	Sr.	Long Lake, Minn.
Katie Brumley	St. Olaf	Sr.	St. Paul, Minn.
Hayley Hoffmann	St. Olaf	So.	Stillwater, Minn.
Kylie Landa	St. Olaf	So.	Excelsior, Minn.
Grace Maxwell	St. Olaf	So.	Eden Prairie, Minn.
Annie Reichhoff	St. Olaf	Jr.	Duluth, Minn.
Aubrey Sewell	St. Olaf	So.	Boulder, Colo.
Emily Vetsch	St. Olaf	Jr.	Monticello, Minn.
Alex Balfour	St. Thomas	So.	St. Louis Park, Minn.
Paige Cater	St. Thomas	Jr.	Woodbury, Minn.
Natalie Engel	St. Thomas	So.	Burnsville, Minn.
Ellie Eskierka	St. Thomas	Jr.	Circle Pines, Minn.

Mari Ferrer-Lugo	St. Thomas	So.	Chanhassen, Minn.
Kate Heimer	St. Thomas	Jr.	Albertville, Minn.
Joan Kornkven	St. Thomas	So.	Northfield, Minn.
Elizabeth Luotto	St. Thomas	Sr.	Sunnyvale, Calif.
Lexi Serreyn	St. Thomas	So.	Wyoming, Minn.
Lauren Wikstrom	St. Thomas	Sr.	Shoreview, Minn.
Megan Zickert	St. Thomas	Jr.	Hartford, Wis.

Volleyball (55)

Name	Institution	Class	Hometown
Izzy Barr	Augsburg	So.	River Falls, Wis.
Jade Boysen	Augsburg	So.	Rochester, Minn.
Jade Fullerton	Augsburg	So.	Arden Hills, Minn.
Lexie Lang	Augsburg	So.	Rochester, Minn.
Maddie Nierengarten	Augsburg	Jr.	Foley, Minn.
Megan Quam	Augsburg	Sr.	Kenyon, Minn.
Jaelin Rios	Augsburg	Sr.	Champlin, Minn.
Maria Claflin	Bethel	Jr.	Dayton, Minn.
Allie Fauth	Bethel	Jr.	Hutchinson, Minn.
Rylee Forshee	Bethel	Jr.	Eyota, Minn.
Macie Gavic	Bethel	Jr.	St. Michael, Minn.
Emily Klassen	Bethel	Sr.	Melrose, Minn.
Tori Urch	Bethel	Jr.	Owatonna, Minn.
Celeste Chen	Carleton	Sr.	Yorba Linda, Calif.
Tegan Carlson	Carleton	Jr.	Benton City, Wash.
Grace Leuchtenberger	Carleton	Jr.	Newton, Mass.
Abby Loe	Carleton	Jr.	Apple Valley, Minn.
Olivia Powell	Carleton	Sr.	Polos Verdes, Calif.
Talia Williams	Carleton	So.	Winchester, Mass.
Anna Brakke	Concordia	So.	Fargo, N.D.
Bailey Gronner	Concordia	Jr.	Wright, Minn.
Jill Klaphake	Concordia	Jr.	Sauk Centre, Minn.
Kendra Wiggs	Concordia	So.	St. Hilaire, Minn.
Ellie Anderson	Gustavus	Jr.	St. Paul, Minn.
Kate Holtan	Gustavus	Jr.	Rochester, Minn.
Annalee Olson-Sola	Gustavus	So.	Northfield, Minn.
Kaikea Welsh	Gustavus	So.	Kansas City, Mo.
Morgen Coleman	Hamline	Sr.	North Branch, Minn.
Madison Hurtle	Hamline	Jr.	Kimball, Minn.
Sydney Larson	Hamline	So.	Littleton, Colo.
Gabby Robinson	Hamline	So.	Le Center, Minn.

Megan Rubbelke	Hamline	Jr.	North St. Paul, Minn.
Hannah Detlaff	Macalester	Sr.	Eau Claire, Wis.
Ashley Helfinstein	Macalester	Sr.	Cupertino, Calif.
Claire Loomans	Macalester	So.	Minneapolis, Minn.
Haley LaValle	Saint Benedict	Sr.	Oakdale, Minn.
Hunter Weiss	Saint Benedict	Jr.	Shakopee, Minn.
Madison Weiss	Saint Benedict	Jr.	Shakopee, Minn.
Mary Wenisch	Saint Benedict	So.	Norwood Young America, Minn.
Erin Cutts	St. Catherine	Jr.	Osceola, Wis.
Bryana Leverentz	St. Catherine	So.	Andover, Minn.
Lindsey Markel	St. Catherine	Sr.	Fargo, N.D.
Julia Weiler	St. Catherine	So.	Shakopee, Minn.
DeJaye Baab	Saint Mary's	So.	Wabasha, Minn.
Carley Cronen	Saint Mary's	Sr.	Kandiyohi, Minn.
Grace Gilles	Saint Mary's	So.	Apple Valley, Minn.
Daynalyn Jostock	Saint Mary's	Jr.	Millville, Minn.
Emily Jarnigan	St. Olaf	Sr.	Los Gatos, Calif.
Jordan Melz	St. Olaf	Jr.	Minnetonka, Minn.
Summer Reid	St. Olaf	Jr.	Spokane, Wash.
Lauren Rewers	St. Olaf	Sr.	Sierra Madre, Calif.
Lexi Wall	St. Olaf	Jr.	Chanhassen, Minn.
Ellie Meyer	St. Thomas	Sr.	Des Plaines, Ill.
Meghan Mazzola	St. Thomas	Jr.	La Crosse, Wis.
Madie Kroehler	St. Thomas	Sr.	Brooklyn Park, Minn.

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